**Polypharmacy ALS Take Home – Day 1**

Thank you so much for joining the ALS today and for your excellent contribution. We hope you found it a helpful start and that we will see you back for days 2 and 3.

If you have any issues with your data pack do let us know. For dials of how to register for ePACT 2 [https://www.nhsbsa.nhs.uk/epact2](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.nhsbsa.nhs.uk%2Fepact2&data=04%7C01%7CHeather.Bowles%40wessexahsn.net%7C33df78a4692a44c2d2ce08d9204017d3%7C83777d80488347de82e432532846a82d%7C0%7C0%7C637576284373594231%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=7dq8lM4gYuJGaQ3zul3jql2lx5MW2DzIt5UEMcBSRBQ%3D&reserved=0)

The video we showed to help you navigate the polypharmacy comparators is here [https://youtu.be/iqKf1Lz0eq4](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fyoutu.be%2FiqKf1Lz0eq4&data=04%7C01%7CHeather.Bowles%40wessexahsn.net%7C33df78a4692a44c2d2ce08d9204017d3%7C83777d80488347de82e432532846a82d%7C0%7C0%7C637576284373604185%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=7TkKZ59h1ww67Zhikol1PzUx%2Fcj7vrTvqDtmxpKBMww%3D&reserved=0)

A summary of the local challenges around polypharmacy and a summary of personal challenges collated from all of the cohorts is below.

Also attached is the "home work" for session 2.

The Podcast with the geriatrician I mentioned is here <https://soundcloud.com/user-192767332/polypharmacy-prescribing?utm_source=clipboard&utm_campaign=wtshare&utm_medium=widget&utm_content=https%253A%252F%252Fsoundcloud.com%252Fuser-192767332%252Fpolypharmacy-prescribing>